

# COVID-19 PREVENT AND PROTECT



**COUGH/SNEEZE  
IN ELBOW**



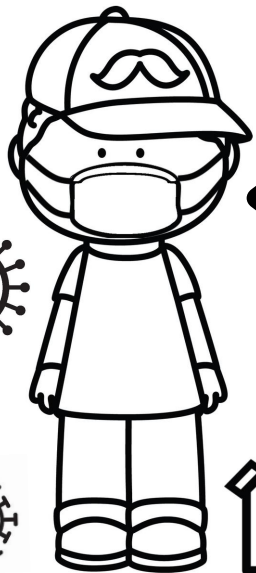
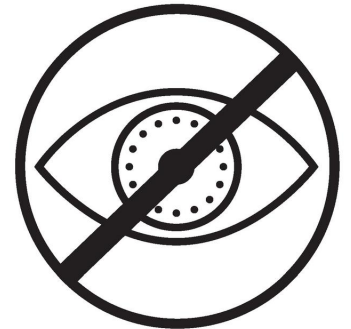
**WASH/SANITISE  
HANDS**

**20 SECONDS**



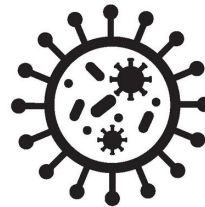
**STAY HOME  
IF SICK**

**DON'T  
TOUCH  
YOUR FACE**



**WEAR A  
FACE MASK**

**MAINTAIN PHYSICAL  
DISTANCE**



**1.5 M**

