



PROGRAMME

MONTAGU MUSEUM KRUIEFEEES HERB FEST

*medicinal herbs, edible herbs,
mushrooms & healing
traditions*

*a heritage weekend with talks,
workshops, walks, culinary
arts & market*

22-25 SEPTEMBER 2023

mherbfest@gmail.com
023 614 1950



Western Cape
Government
FOR YOU

MISSION CHURCH EXHIBITORS

Saturday 09:00 - 17:00, Sunday 9:00 - 17:00, Monday 09:00 - 12:00

Earthwise Products
Cape Fynbos Tea
Fijn Botanicals
Folio Books
Grow Folk
First People Healer
Montagu Museum Herbs
Therapeutic Naturals

Dagga Farmacy
Yamu Botanicals

Fynbos
Tradouw Botanicals Essential Oils
Greyton Candles
Lavender & Rosemary
Veld by Anneke
Winnie Weaver Baskets at Joubert House

MUSEUM HERB SHOP

Medicinal teas, creams, smudge sticks, T-shirts and lovely herb festival related gifts

HOSPITALITY TENT at the MISSION CHURCH

Montagu Food Forest - Juice Stand
Montagu Local - artisanal & organic food products
Coffee, Tea & Roosterkoek - Museum Staff
Glory Land - Pannekoeke, snacks & coffee

HERB FUN TASTING PASS - R180 for free tastings (18+) Collect at Mission Church from Friday
Amari cocktails at Konkelwyn, **Beer** at Route 62 Brewery, **Tahlia Cactus Gin** at The Barn on 62,
Kingma Brandy at Kloof Padstal, **Ashton & Bonnievale Wines** at Leon's Bistro, **Montagu Winery**
Wines at the Burgundy Gherkin and **Dennis's Boerie Rolls** at the Village Market

1 TUK - tuk-tuk taxi service to all venues - all day Sat & Sun.

R120 per day
Stops at: Joubert House, Mission Church & Archives, Village Market, Kloof Padstal, Brewery 62, Leon's
Bistro, Montagu Country Hotel, The Barn on 62, Nature Garden

SECRET GARDEN - Montagu Art Association Exhibition. Special Art amidst the trees and flowers of
this beautiful garden in the centre of town. Saturday 10:00 - 15:00

HERB STOPS HERB STOP

Restaurants, art galleries and shops in Montagu are taking part - so look out for the **HERB STOP** signs
around town. Restaurants are serving herb-oriented fare from indigenous herb festival menus to herb
infused ice creams, pastries, pizzas, cupcakes, sausages, charcuterie & kombucha

GUIDED TOURS

Flying Feet's Marchelle van Zyl offers bicycle rentals & tours of Montagu 076 891 3623
Anmiray Opperman's Fresh Community Tours 071 429 0486

YOGA with LEE FENNEL at KUPENDA GALLERY - Sat & Mon 08.30 - 09.30

Q R150

FYNBOS FAIRY & ELF COMPETITION for primary and pre-primary children - at Joubert House

PHOTO OPPORTUNITY with **PRESIDENT PAUL KRUGER, GENERAL PIET JOUBERT**
and their **WIVES** - at Joubert House and around town

*Tickets for all events and speakers can be bought on **Quicket Q***
Tickets are also available at the Old Mission Church

*To buy tickets on **Quicket**, go to: www.quicket.co.za*
- search for Montagu Herb Festival
- all workshops restricted to 20 participants

E&OE: Although we have tried to ensure its accuracy this program is subject to change without notice
For updates and enquiries contact mherbfest@gmail.com or visit facebook.com/kruitefees

Friday 22 Sep

Saturday 23 Sep

Old Mission Church

18.30 - 20.00 **Opening Celebration & Welcome Address** - by invitation
Indigenous, local & foraged snacks

Nature Garden

15.00 - 18.00 **Kid's Art in the Nature Garden** - Hanna's Art Bazaar
21.00 **Night March & Hot Dogs**

Q R50

Activities

Q R850 Cellar 1848 Cabrières

18.30 - 22.00 **Heritage Feast with Bernard Hess**
7-Course Heritage Feast paired with Mimosa Wines

Museum Archives

09.00 - 09.45 **Carlo Randall** - Indigenous Plant Medicine of SA
10.00 - 10.45 **Craig D Wright** - 20 Years of Indigenous Herb use in a
Phytotherapy Practice

11.00 - 11.45 **Peter von Maltitz Zanemvula** - Indigenous Herbal
Medicine for treating Cancer & Toxic Emotional Suppression
12.00 - 12.45 **Ferdil Vilander** - Son //Aes N/Um Traditional Fire Dancing
& Indigenous Herbal Medicine

Q R100 all Saturday
morning
speakers

LUNCH HERB STOP

13.00 - 14.00 **Yvette Anderson Yamu** - Soil Regeneration with
Medicinal Plants
14.00 - 14.45 **Kent Tahir Cooper** - Healing the Land

15.00 - 15.45 **Rupert Koopman** - Conservation: How to Do
Something
16.00 - 16.45

Q R100 all Saturday
afternoon
speakers

Joubert House

Q R250

09.00 - 11.00 **Roushanna Gray of Veld and Sea** -
Flower Crown workshop

11.00 - 11.30 **Crowning of the Fynbos Fairy and Elf**
Face Painting at your cost

11.30 - 12.45 **Antjie Krog and Fiona Moodie** - Reading of Fynbos
and Vepplant Fairies Books. Books available to purchase

LUNCH HERB STOP

13.00 - 14.00 **Cannabis Demonstration** - Natie & Ilse Ferreira
14.00 - 14.45 **CJ van Jaarsveld** - Montagu Food Forest
Fermentation Workshop

Q R150

Q R150



*Herb Festival
programme
sponsored by*

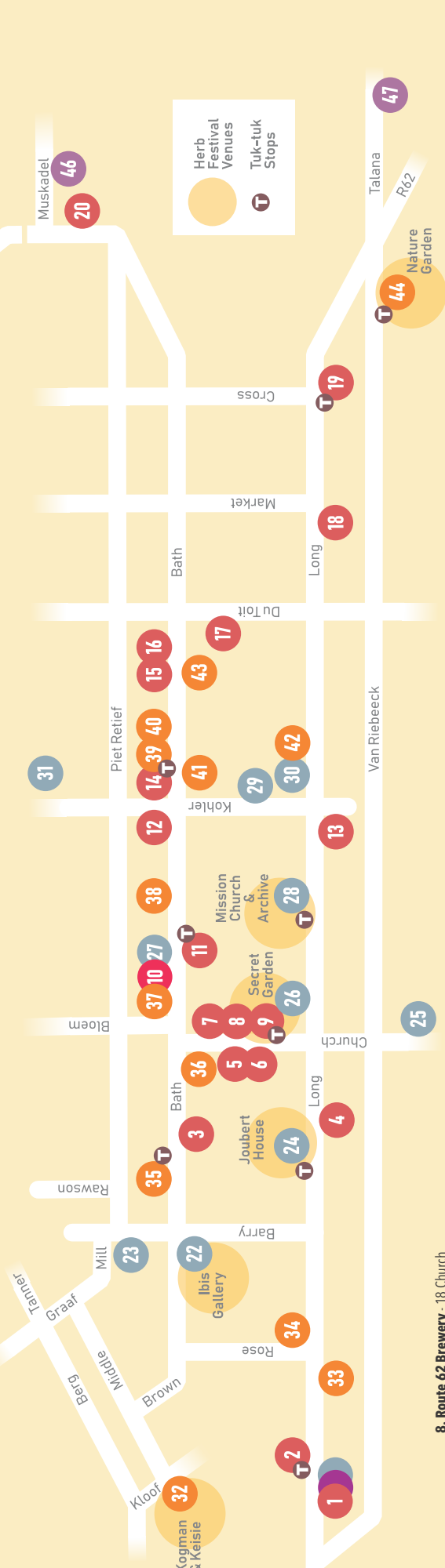
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29 Bath Street, Montagu 6720
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Exhibitions & Activities

Where it's all Happening!

Restaurants, Galleries, Shopping & Attractions, Wineries & Distilleries



Restaurants

1. Blue Vines District, Mimosa Wines & Osner Gallery - 6 Long

A glamorous destination - award winning wines, delicious food, and the inclusion of the Montagu Osner Art Gallery, the charm of a heritage farmstead with global inspiration and a community driven vision to invest in local talent.

2. Die Kloof Padstal - 1 Long

True Klein Karoo hospitality with a wide variety of traditional meals served in a beautiful tranquil setting. We boast a fully licensed restaurant with a cosy fireplace and tree while the spacious garden provides ample seating below big shady trees and a great play area for kids.

3. Piccolo Tesoro Pizzeria - 28 Bath

A Country Style Pizzeria specialising in crispy, thin bases and topped with delicious ingredients. A place where you can enjoy a delicious pizza, a glass of wine, as the inside dining area - perfect on cold winter nights with its cosy interior and fireplace.

4. The Rambling Rose - 36 Long

Perfect for breakfast or lunch. The farmstead hosts a variety of pastries, artisanal breads, homemade cakes, rusks, and jams. Ideal for coffee, local wine, all-day breakfast or a light lunch.

5. Grillroom @Mimosa - 11 Church

A classic Grill Room restaurant - using the freshest ingredients and best cuts of meat, paired with boutique handcrafted wines.

6. Moo!@maggie - 11 Church

MOOI is a lifestyle gift and coffee shop.

7. 22 Church Street Restaurant - 22 Church

Guests can expect simple yet beautifully presented food that changes with the seasons.

8. Route 62 Brewery - 18 Church

A micro-Brewery, serving craft beers, artisanal gins, pizzas from the local region, delicious platters and pizzas.

9. Monte Vista Boutique Hotel - 16 Church

Stylish boutique hotel offering High G&T (Tea) - three carefully brewed elixirs, both non-alcoholic & alcoholic, are paired with a 3-course meal - a sweet, savoury and stones menu

10. Blink Art Café - 21 Bath

Coffee, art and gift shop. Select local and imported coffees, hearty breakfast and light meals. On display are art works from local artists and local products, many made in Montagu.

11. Leon's Bistro - 38 Bath

Authentic Cape Country cuisine, homemade and handmade products. Pet friendly in a relaxed atmosphere. Special Sunday lunch roast. Will hand deliver.

12. The Burgundy Gherkin - 25 Bath

A local take on international flavours! Enjoy the Gherkin's pizza, pasta and wraps or try something tasty from the Purple Pickle's take away menu.

13. MontQ - 46 Long

A lifestyle Restaurant, Coffee shop and Deli offering fresh, unique food crafted from local ingredients.

14. Montagu Country Hotel - 27 Bath

Breakfast, a laid-back lunch at Feathers & Flat caps coffee shop and cocktail lounge, or dinner at the Charleston's restaurant, where our chef reimergines local classics with a surprising twist

15. The Vic Restaurant - 35 Bath

Old world charm meets country cuisine.

16. Konkelywyn - 35 Bath

An intimate wine bar, stocked with local Klein Karoo & craft wines and out of this-world cocktails made with locally distilled spirits. Unwind while listening to the classics like Bob Dylan and The Beatles play on an original record player.

25. Guy Longmore Stained Glass Studio - 20 Montagu Village

Guy produces high quality, custom-made stained-glass products on commission. These include the design and manufacture of stained-glass front doors and windows, and bespoke stained-glass lamps.

26. Krige Gallery and Lifestyle Studio - 35 Long

Francois Krige, famous South African moved to Montagu 1967 and lived here until his death in 1994. His restored house is now a gallery showing some of his work that is for sale.

27. The Gallery - 21 Bath

Art by local and international contemporary artists - charcoal, watercolours; pastels, oil paints, multi- and mixed-media.

28. Montagu Museum - Old Mission Church

Built in Long Street in 1907, it tells the story of a rural church and its members. Also houses the AKCHIVE containing all documents, photographs and Africana relating to the history of Montagu.

29. Kupenda Art Gallery - 6 Kohler

African artists showcase their art, culture and heritage - from charcoal and pastels to oils to watercolour. A selection of traditional crafts - like baskets, blankets and beadwork.

30. KWW Cultural and Educational Trust - Long

Art Gallery show casing Willie Bester art, Francois Krige and Peter Moir paintings.

31. Hicks Art Gallery - 9 Joubert

Richard & Joy's home is a fine art gallery, with various artists on display. Richard works in water colours - his work can be recognised by its colourful imagery.

Shopping & Attractions

32. Kogman & Keisie - Kloof

A small organic farm on Route 62, which also provides accommodation, borders on the 2000ha Nature Reserve and is a stroll away from the charming Montagu town centre.

33. Montagu Nursery - 24 Long

Stocking a wide variety of plants, seedlings, pots, bird baths and compost. Offers landscaping services.

34. Penny Farthing Antiques - 13 Long

Quaint antiques shop - buying & selling quality antiques & collectables, including furniture, porcelain, glassware, silver, paintings, prints, anything old & interesting.

35. Montagu Village Market - 11 Bath

The market offers a selection of delicious food and craft produce, antiques and collectables. Wander around with a cup of coffee, enjoy the good vibe and atmosphere.

36. De Nagmaal - 30 Bath

A farm style shop, stocking locally handcrafted products from their gardens, local artists and ceramists.

37. Antiques & Things - 21 Bath

Specialising in antiques and handmade items.

38. The Montagu Local - 21 Bath

Fresh, organic produce & artisanal products. Fresh fish, free-range chicken and hormone free meats. Locally produced cheese, milk, cream and yoghurt, charcuterie and gluten free items. A variety of vegetarian and vegan meals are available.

39. Flying Feet Guided Town Tours - 27 Bath

Explore Montagu on an art bicycle! Choose a guided town tour or rent a bike.

40. Wine Valley Safari - 27 Bath

Hop on-board the spacious open-air Safari vehicle as your convenient and fun means of transport. Sit back, relax and breathe in the fresh countryside air while enjoying 360-degree views of rolling vineyards, blossoming orchards, olive groves and the magnificent mountains.

41. Montagu Bookshop - 48 Bath

A unique bookshop in the heart of Montagu. We stock an extensive range of books of diverse genres, which include sport, autobiographies, history art and so much more.

42. The Pastry Place - Brandy Hall, 45 Long

French-style pastries, pies & quiches and artisan breads produced by master baker and chocolatier Alfred Henry. All handmade on site from scratch using only top-quality butter, flour, chocolate, and where possible locally sourced ingredients.

43. Fynbos - 58 Bath

A unique shop where you will find collector's items, old porcelain items, artisan soap, botanicals, jewellery, and paintings. Stocking fresh flowers, pottery, printed cushions, wall hangings and much more.

44. Montagu Nature Garden - Van Riebeeck

Its mission is to conserve and develop an indigenous wildlife reserve with plant species representative of those in the Klein Karoo. Pathways and walking trails abound.

45. Cellar 1848 Cabriérs - R318

Exquisite venue nestled in the natural splendour of the Little Karoo. Historic family cellar dating back over 200 years.

Wineries & Distilleries

46. Montagu Winery - Cinsaut

Situated at the entrance to the Little Karoo. Founded in March 1941, producing white and red muscadell as well as white, red and sweet wines.

47. Cadle Craft - Talana Road

Micro brandy distillery - Kingna Brandy - tasting room and venue.